

Can You Help? It Will Make a Difference

Did you know we only get a small amount of funding from the NHS trust? We cannot exist without donations. Please complete the form below if you would like to help the lives of people living in Brixham & the surrounding communities.

All information you supply will be treated in line with the Data Protection Act 1998.

Title: _____ **Surname:** _____

First Name: _____

Address: _____

Postcode: _____

Tel: _____ **Email:** _____

I would like to make a donation of: £ _____
I enclose a cheque made payable to Brixham Does Care.

Gift Aid Declaration (Please Tick)

I am a UK tax payer and I would like Brixham Does Care to treat all donations I have made for the six years prior to this year and all donations I make in future as Gift Aid donations, until I notify otherwise. N.B. You must pay an amount of income tax or capital tax equal to the tax we reclaim on your donations. Please return to BDC, Old Market Hall, Town Hall, New Road, Brixham, TQ5 8TA.

Date: _____ **Signature:** _____

Thank you for your kind donation.

Have you written your will? Ever thought about leaving a legacy to BDC? It will really help.

Brixham Does Care and The Friends Centre



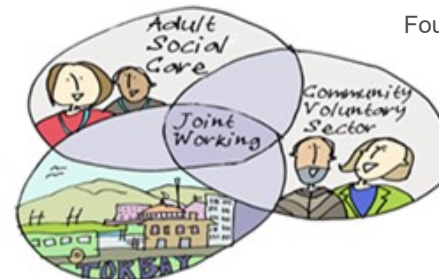
Home
Alone ?

Isolated
&
Vulnerable?

Befriending,
Enhancing
Quality of
Life

Helping &
Supporting the
Community

Connecting
the
Community



Founded in 1978 by Joyce Woolley-Lane and Friends

Registered Charity No. 1155412

Registered Company No. 08755057

Torbay and South Devon 
NHS Foundation Trust

Brixham Does Care

Is a registered befriending Charity which attempts to combat isolation and loneliness and has been since 1978.

We offer support to people of all ages living in Brixham and surrounding areas.

Brixham Does Care Aims

- To relieve social isolation and improve quality of life.
- Inspire people to be involved as valued members of the community.
- Support and encourage wellbeing, raise awareness and promote understanding.
- Help people to overcome their challenges and to provide befriending support in the home and out in the community.
- Reassure all those who are vulnerable and encourage independence.

Brixham Does Care

Town Hall

New Road

Brixham

TQ5 8TA

Monday to Friday

9.45am to 4pm

01803 857 727

admin@brixhamdoescare.co.uk

The Friends Centre

Brixham Hospital

Greenswood Road

Brixham

TQ5 9HN

Monday to Friday

9am to 5pm

01803 224 970

tfc@brixhamdoescare.co.uk

www.brixhamdoescare.co.uk

Founded in 1978 by Joyce Woolley-Lane and Friends

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BDC Charity Shop

Our charity shop is open Monday to Friday, 10am until 4pm.

The shop is run by wonderful volunteers who are always on hand to help and have a chat, if you have any spare time and would like to join our happy team, please pop in to the office to discuss.

We are always on the look out for extra help to work on a specific day or to help out when volunteers have holiday or unable to come in.



We are always happy to receive donations but cannot accept furniture, electricals or toys without the CE mark.

We are always grateful to receive good quality stock and we hope you agree that our shop offers something for everyone!

We provide a safe and friendly environment to encourage social interaction by:

- Offering a wide variety of community activities, groups and excursions.
- Providing support, information and signposting, and a visiting Team.
- A community cafe for friendship and affordable refreshments.
- Lunch club to bring people together to enjoy a hot meal and to socialise with friends.
- To assist with Attendance Allowance, Blue Badge forms, and other advice.
- To encourage health and wellbeing.
- Supporting and training a committed team.
- Working closely with other organisations and acting as a facilitator to ensure that the needs of our local people are met.

Groups and Activities

| | |
|------------------|---|
| Monday | Once a month Lunch Club and Film Club (times and dates to be confirmed) |
| Tuesday | Knit & Natter 10:00am–12:00pm Support 1:30pm–3:30pm Bingo 1:30pm–3:30pm |
| Wednesday | Knit Together 10:00am–12:00pm Ladies Group 12:45pm–2:45pm |
| Thursday | Colour & Chat 10:00am–12:00pm Art 1:30pm–3:30pm |
| Friday | Bridge 10:00am–12:00pm Handicraft 1:15pm–3:15pm |

Meet the Team:

Director—Emma

Manager—James

Community Workers—Jo, Marcia, Teresa & Ursula

Visiting Team—Julie and Sue

Wellbeing Coordinator—Karen

Ageing Well Torbay

It is a service provided collaboratively by Age UK Torbay and Brixham Does Care.

Available for all people over the age of 50 living in Torbay who are possibly living with a health-related condition and who feel lonely and isolated, trying to help them to connect with their communities and set and achieve their own goals.

It also supports them to prevent ill-health where it can. The service will:

Visit people in their own home (if required)

Have a guided conversation that supports an individual's own goals

Support people to live their lives the way they want to, to the best of their ability.

We accept referrals from Health & Social Care Workers and also self—referrals.

Our Well-being Coordinator is called **Karen** and she is happy to help. Please contact us on 01803 857727



LOOKING AFTER
ALL OUR
TOMMOROWS
TODAY

Rooms to Hire

The Friends Centre also has a variety of meeting rooms available for those with a like minded ethos. We have three lovely rooms available at very reasonable rates.



Maple Room 4—8 people.



Beech Room 4—6 people.



Cherry Room 4—8 people.

Each room has disabled access and we will provide water and Wi-Fi. Beech is £8 per hour and Maple & Cherry are £8.50 per hour, though there is a reduction for all community groups.

Meet the Team:

Team Leader: Karen

Care Team: Alex, Cees, Fiona, Julie,
Rebecca, Sam and Tanya

Caretaker: Paul

For further information please do not hesitate to contact The Friends Centre on

01803 224 970

tfc@brixhamdoescare.co.uk

We have volunteers who help in various areas of our charity:

- In our cafe and charity shop.
- As a driver or Mini-bus driver.
- As a befriender.
- At fund raising events.
- Helping people to complete their forms like Attendance Allowance.
- In our groups and activities at BDC and TFC

Volunteers are vital to Brixham Does Care.

If you are interested in becoming a volunteer for us please call into the office for an informal chat about the type of roles available.

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admin@brixhamdoescare.co.uk

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The Friends Centre

The Friends Centre builds on our existing services and provides a friendly flexible community space to help provide care needs, a positive and social environment to encourage social interaction. There are a wide range of activities and services.

- To be a flexible Community based project.
- Resilient and cohesive community venture bringing people together whilst promoting the authentic voice of Brixham.
- To provide the local community an opportunity to receive both mental and social stimulation.
- Access to a variety of health & care services.
- To enable people to continue living within the community.
- Find out about the everyday tasks you can and cannot manage.
- To provide wellbeing, social interaction and sign posting.
- To give care—givers a much needed break.

The Friends Centre aims to provide:

- Day Care services with support, to encourage wellbeing, with meaningful daily activities
- Help individuals to overcome challenges and to provide befriending and support.
- To have a healthy 2 course cooked meal.
- To provide transportation to those living in the TQ5 area.
- To provide choice when making decisions in their care and activities whilst attending The Friends Centre.

Who is eligible to attend?

If you think you or your loved-one may want to come to The Friends Centre, contact us for a free trial day. We will arrange your transport and lunch for the day. If you have already been assessed by Health and Social Care as needing support and financially be below their threshold, you may qualify for your placement to be paid by them. If not, you can pay privately at a rate of £49.44 a day, including all your food, drinks and transport.